

Fall Sports (Registration opens August 15th) Season September-October

Badminton (first 24 students to register)	Mr. Schoff	Lschoff@bcps.org
Cross Country Girls	Mrs. Hartlieb	Mhartlieb@bcps.org
Cross Country Boys	Mr. Shaner	Jshaner@bcps.org
Allied Soccer	Mrs. Golden	Sgolden@bcps.org

Winter Sports (Registration opens October 1st) Season Nov 15th- Mid- February

Basketball Girls	Mrs. Hartlieb	Mhartlieb@bcps.org
Basketball Boys	Mr. Golden	Mgolden@bcps.org
Allied Bocce	Mrs. Briell	Nbriell@bcps.ofg

Spring Sports (Registration opens January 1st) Season March-May

Allied Softball	Mr. &	Mrs. Golden	Sgolden@bcps.org
Tennis	(limit to first 28)	Mr. Sanz	Lsanz@bcps.org
Track and Field Boy	s (limit to first 30)	Mrs. Sharp	Bsharp@bcps.org
Track and Field Girl	s (limit to first 30)	Ms. Grosskurth	Egrosskurth@bcps.org

Sports Physicals: Required Forms

All BCPS sports offerings listed above are **free of charge** to all RMS students.

Per BCPS policy **all students** participating in any BCPS sponsored sports are required to have a sports physical indicating the athlete is clear to play sports without restrictions. Sports Physical are good for fourteen months.

To complete the registration process for any of RMS sports visit <u>Formreleaf.com</u> and create an account. Do not use Schoology email. Once you have created an account, you may log in and

complete all the required fields, including uploading your sports physical. Be sure the physical is signed and stamped by the physician. Physicals are good for fourteen months.

*Ridgely Soccer, Lacrosse, Hockey, baseball, and Softball are sponsored by LTRC. These are non BCPS sponsored sports. See LTRC website for specifics and registration.

Additional details

- For questions regarding the sport (dates, etc.,) please contact the individual coach asap.
- More information is also shared to all students during morning announcements.
- Some sports have limited space and require tryouts.
- All required forms are available on the RMS website link below https://ridgelyms.bcps.org/athletics